

# Author Bio

Chanielle Talbird is native of Jamaica and is affectionally known as "Lady C". She holds a Bachelor's degree in Healthcare Management which led her to become a Certified Birth Doula and Certified Lactation Counselor/Specialist.

She currently serves as Senior Pastor at Living Word Memphis, alongside her husband, Derek Talbird. In addition to the many roles, she volunteers at LeBonheur Children's Hospital's Lactation Clinics, and is a TN WIC (Women, Infants, & Children) Breastfeeding Peer Counselor at the Shelby County Government Health Department.



# Book Bio

Have Your Cake and Eat it Too is an inspirational story that will encourage you to no end! Chanielle Talbird is more than a survivor, she is a woman who has overcome everything from sexual abuse to teen pregnancy. Follow her amazing story as she details her journey from the valley of defeat to the mountaintop of victory, where she overcame everything from generational curses to low self-worth! Her testimony will not only encourage you, but it will warm your heart and recharge your faith!



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